

GREAT NORTH SWIM

2011

**henshaws**
society for blind people

Henshaws is looking for enthusiastic swimmers to take part in the Great North Swim, held on Saturday 18th and Sunday 19th June.

Places for the 1 mile open-water outdoor swim have an entry fee for participants of only £37.

For a chance of a place, participants are asked to commit to raising £150 in sponsorship (as a minimum – of course we'd be delighted with anything more!)

For an entry form and more information please call or email the fundraising team.

**1 mile
open water
outdoor
swim**

**BY JOINING
TEAM HENSHAWS
YOU WILL RECEIVE:**

- FREE beautiful orange t-shirt to wear over your wetsuit
- Fundraising support and encouragement from our dedicated team
- Fundraising pack, including fundraising ideas, help and support, and general information about Henshaws
- Regular email updates and race information
- The chance to feature on our website!

**Contact our
Fundraising
Team
01423
814501**

**email
fundraising@henshaws.org.uk**



Reg. charity no. 221888

£5 could pay for a swimming lesson for a visually impaired child

£10 could help pay for materials a student needs to take part in a weekly Arts & Crafts Centre workshop

£25 could pay for route or long cane training for someone who is isolated

£45 would allow a whole family living with sight loss to enjoy a tobogganing trip

£125 would pay for the monthly travel costs of all students attending IT courses in Liverpool

