

Henshaws Community Services enable people of all ages living with sight loss and a range of other disabilities to make informed choices about their future.

We are here throughout their journey offering expert support, guidance and skills, helping people to fulfil their potential.

Independence and friendship are at the heart of what we do to help people find the confidence to go beyond their expectations.



### Why commission Henshaws?

- Expert knowledge
- High quality service provision
- Targeted needs-led approach
- Ongoing innovation
- Flexible and person centred approach
- Focus on building independence and self-care

### Henshaws will work with you to:

- Meet the challenges of your increased duty of care to visually impaired people under The Care Act 2014
- Improve your sight loss indicators in the Public Health Outcomes Framework
- Generate cost savings whilst improving quality of care and patient experience

Find out more about our services at [www.henshaws.org.uk](http://www.henshaws.org.uk)

Call our Business Development Manager, Sarah Halliwell, on 0161 872 1234 or 0776 4969797. You can also email [sarah.halliwell@henshaws.org.uk](mailto:sarah.halliwell@henshaws.org.uk)

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**henshaws**  
**community services**  
*beyond expectations*

“Henshaws services are empowering – they have given me dignity, independence, choices and improved my quality of life.”

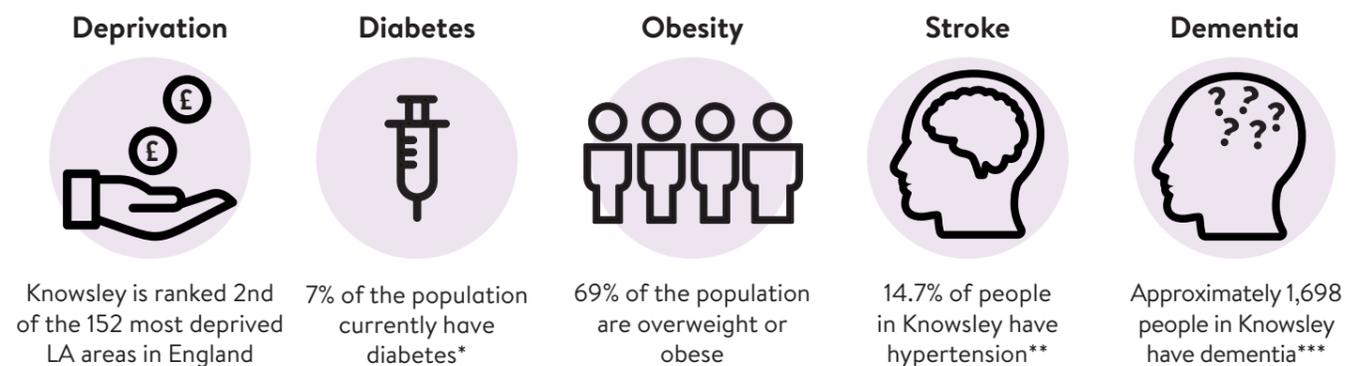
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## Sight loss in Knowsley

### Prevention

In Knowsley 3% of the population live with sight loss - that is 4,400 people in 2015 which is set to rise to 5,490 people by 2030, an increase of 24.8%

Knowsley have a number of key risk factors causing a rise in people with sight loss:



**Over 50% of sight loss can be prevented. Let's work together to prevent future sight loss.**

Recent figures show that the direct cost of vision related problems in Knowsley is £5.9 million. Knowsley CCG spends £51 per head on social care needs; the national average is £23 per head

## How we can help Knowsley CCG

Henshaws Pathway to Independence is our person centred model of service delivery that supports people to develop independence and resilience. Through this we can help you achieve your priorities.

Your priority:	How we can help:
Enabling people to keep well and live independently	We deliver bespoke support that is proven to reduce isolation and empower people with sight loss.
Better and more integrated care in the community	Our community outreach model enables us to deliver specialist integrated support to people within their own communities.
Mental health and the effective use of services	Well-being solutions are embedded across our services, preventing crisis and enabling people to cope and thrive.
Improving the quality of life of people with one or more long-term condition	Our specialist support pathway enables people with sight loss and dementia/stroke to live well for longer.



\*There is predicted to be an 8% increase in the number of adults living with diabetes by 2030  
 \*\*This is higher than the England average  
 \*\*\*17.4% are known to also have significant sight loss

**Commission us to work with you to reduce your costs and improve services for the growing number of people living with sight loss in Knowsley.**

# pathway to independence

Enabling people of all ages living with sight loss and a range of other disabilities to make informed choices about their future

**OUR SOLUTION:** We can improve your outcomes – we have developed innovative prevention programmes to take to schools and communities across Knowsley to educate people about sight loss prevention, the impact of lifestyle and the need for regular eye health checks.

**YOUR CHALLENGE:** Early intervention is crucial in getting people the right support and in reducing your costs. The Public Health Outcomes Framework now includes sight loss indicators for key eye conditions – in Knowsley the number of people living with just one of these conditions (Age-Related Macular Degeneration) is 5,930 people. This is set to rise by 25% between 2015 and 2030 with a 50% rise in the number of people living with the later stages of AMD.

**YOUR CHALLENGE:** In a recent survey we found that 50% of visually impaired adults have or have had depression. Spending on mental health is one of Knowsley CCG's highest spends per head at £148, with £337,000 spent on primary prescribing for mental health in Knowsley.

**OUR SOLUTION:** We can help you reduce primary prescribing spend – by screening mental health needs and offering targeted individual solutions. We provide peer to peer support which helps a person to build emotional resilience. Over 200 people a month attend our groups reducing their isolation and improving their well-being. Our bespoke counselling service is helping people adjust to their sight loss and helps to prevent future mental health problems – **average changes in emotional well-being rose by 87% post-counselling.**



**YOUR CHALLENGE:** Rehabilitation services are crucial to enable people with sight loss to maintain independence and to prevent the risk of future problems. There are currently only 2-4 rehabilitation officers in Knowsley for a total population of 146,086 and for those 4400 people who are living with sight loss.

**OUR SOLUTION:** We can help people to stay independent for longer – our rehabilitation and enablement model empowers people – we work with our clients to develop a bespoke personal plan. This is a cost effective way of providing the right level of support when it is needed most. Our enablement model has been shown to free up rehabilitation officer time, reduce waiting lists and prevent crisis.

**YOUR CHALLENGE:** Knowsley CCG spent £428,000 on non-elective admissions due to trauma or injury in 2015. There were 527 falls in people over 65 with sight loss in Knowsley in 2015, 47% of which were directly attributable to sight loss.

**OUR SOLUTION:** We can save you money by reducing the risk of falls – our tailored exercise programme builds key skills and core strength making falls less likely. Our expert rehabilitation services focus on safer living environments for visually impaired people in the home, reducing key risk factors such as trip hazards and poor lighting.

Find out more about our services at [www.henshaws.org.uk](http://www.henshaws.org.uk)

Call our Business Development Manager, Sarah Halliwell on **0776 4969797** or call Head Office on **0161 872 1234**

Or email [sarah.halliwell@henshaws.org.uk](mailto:sarah.halliwell@henshaws.org.uk)