

“Henshaws services are empowering – they have given me dignity, independence, choices and improved my quality of life.”

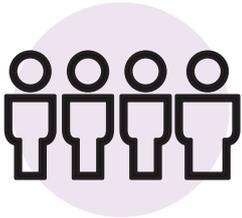
## Sight loss in Manchester

### Prevention

In Manchester almost 2% of the population live with sight loss – that is 9,430 people in 2015 which is set to rise to 12,680 people by 2030.

Manchester have a number of key risk factors causing a rise in people with sight loss:

#### Obesity



26% of the population are obese

#### Smoking



23.7% of the population smoke

#### Sight test



Only 20% of the population had a sight test last year

#### Stroke



30% of strokes result in long term sight loss\*

#### Deprivation



75% of visually impaired people live in or on the margins of poverty\*\*

**Over 50% of sight loss can be prevented. Let's work together to prevent future sight loss.**

**The indirect cost of sight loss in Manchester is almost £27 million and equates to £52.96 per person.**

## How we can help the three Manchester CCGs

Henshaws Pathway to Independence is our person centred model of service delivery that supports people to develop independence and resilience. Through this we can help you achieve your priorities.

Your priority:	How we can help:
Integrating mental health into all health and social care services	Mental health and wellbeing solutions are embedded into all elements of our pathway to independence
Preventing and managing long-term conditions	We work with partners to develop innovative ways of both preventing sight loss and supporting people with additional long-term health conditions
Extending health provision in the community	Our community outreach model enables us to deliver specialist support to people within their own communities
Enabling older people to keep well and live independently	Reducing isolation and empowering people via our Pathway to Independence – delivering bespoke support that meets individual needs



**Commission us to work with you to reduce your costs and improve services for the growing number of people living with sight loss in Manchester.**

# pathway to independence

Enabling people of all ages living with sight loss and a range of other disabilities to make informed choices about their future

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**OUR SOLUTION: We can improve your outcomes** – 50% of sight loss is preventable. We can target prevention messages at high risk groups to reduce the prevalence of these conditions. We provide specialist support and information to over 1,000 people a year through our Patient Support Service at Manchester Royal Eye Hospitals. **An investment of £1 in a Patient Support Service can net a return of £10.57 to health and social care budgets.**

**YOUR CHALLENGE:** Early intervention is crucial in getting people the right support and in reducing your costs. The Public Health Outcomes Framework now includes sight loss indicators for key eye conditions – in Manchester the number of people estimated to be living with just one of these conditions (Age-Related Macular Degeneration) by 2020 is 13,572.

**OUR SOLUTION: We can help you reduce primary prescribing spend** – by screening mental health needs and offering targeted individual solutions. We provide peer to peer support which helps a person to build emotional resilience. Over 200 people a month attend our groups reducing their isolation and improving their well-being. Our bespoke counselling service is helping people adjust to their sight loss and helps to prevent future mental health problems – **average changes in emotional well-being rose by 87% post-counselling.**

**YOUR CHALLENGE:** Spending on mental health across the Manchester CCGs is high: Central Manchester £206 per head; North Manchester £196 per head; South Manchester £166 per head. The national average is £145 per head of population.

**4. Friendship Matters**

**1. How we can help**



**2. Let's make a plan**

**YOUR CHALLENGE:** Rehabilitation services are crucial to enable people with sight loss to maintain independence and to prevent the risk of future problems. There are currently only three Rehabilitation Officers in Manchester for a visually impaired population of 9,430.

**OUR SOLUTION: We can help people to stay independent for longer** – our rehabilitation and enablement model empowers people – we work with our clients to develop a bespoke personal plan. This is a cost effective way of providing the right level of support when it is needed most. Our enablement model has been shown to free up rehabilitation officer time, reduce waiting lists and prevent crisis.

**3. Independence Matters**

**YOUR CHALLENGE:** Central Manchester CCG spent just over £1 million on non-elective admissions due to trauma or injury in 2015. 484 falls in Manchester in 2014 were directly attributable to sight loss, this is 8% of the total number of falls.

**OUR SOLUTION: We can save you money by reducing the risk of falls** – our tailored exercise programme builds key skills and core strength making falls less likely. Our expert rehabilitation services focus on safer living environments for visually impaired people in the home reducing key risk factors such as trip hazards and poor lighting.

Find out more about our services at [www.henshaws.org.uk](http://www.henshaws.org.uk)  
 Call our Business Development Manager, Sarah Halliwell on **0776 4969797** or call Head Office on **0161 872 1234**  
 Or email [sarah.halliwell@henshaws.org.uk](mailto:sarah.halliwell@henshaws.org.uk)

**Henshaws Community Services enable people of all ages living with sight loss and a range of other disabilities to make informed choices about their future.**

**We are here throughout their journey offering expert support, guidance and skills, helping people to fulfil their potential.**

**Independence and friendship are at the heart of what we do to help people find the confidence to go beyond their expectations.**



## **Why commission Henshaws?**

- Expert knowledge
- High quality service provision
- Targeted needs-led approach
- Ongoing innovation
- Flexible and person centred approach
- Focus on building independence and self-care

## **Henshaws will work with you to:**

- Meet the challenges of your increased duty of care to visually impaired people under The Care Act 2014
- Improve your sight loss indicators in the Public Health Outcomes Framework
- Generate cost savings whilst improving quality of care and patient experience

Find out more about our services at [www.henshaws.org.uk](http://www.henshaws.org.uk)

Call our Business Development Manager, Sarah Halliwell, on **0161 872 1234** or **0776 4969797**. You can also email [sarah.halliwell@henshaws.org.uk](mailto:sarah.halliwell@henshaws.org.uk)

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