

“Henshaws services are empowering – they have given me dignity, independence, choices and improved my quality of life.”



community services

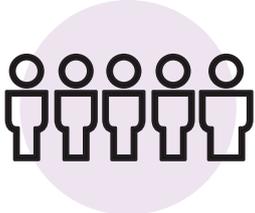
beyond expectations

Sight loss in Trafford

Prevention

In Trafford 3% of the population live with sight loss – that is 6,700 people in 2015 which is set to rise to 9,263 people by 2030.

Trafford have a number of key risk factors causing a rise in people with sight loss:

<p>Age</p>  <p>27% increase in people over 75 in the last 10 years</p>	<p>Diabetes</p>  <p>Predicted to rise to 8.5% by 2030</p>	<p>Obesity</p>  <p>20% of the population are obese</p>	<p>Smoking</p>  <p>20% of the population smoke</p>	<p>Sight test</p>  <p>Only 12.5% of the population had a sight test last year</p>
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Over 50% of sight loss can be prevented. Let's work together to prevent future sight loss.

Recent figures show that the direct costs of vision related problems in Trafford are almost £10 million. This is £46 per person, which means Trafford is spending more than the £42.84 per person average cost in England.

How we can help Trafford CCG



Henshaws Pathway to Independence is our person-centred model of service delivery that supports people to develop independence and resilience. Through this we can help you achieve your priorities.

Your priority:	How we can help:
To reduce emergency admissions	▶ Using our expertise to develop the most effective interventions
Mental health and disability	▶ Delivering the right support mechanisms which enable people to cope and thrive
To reduce hospital referral rates	▶ Preventing crisis through bespoke and targeted interventions
Innovation in long term condition management	▶ Working with partners, integrating service delivery and creating innovation

We have an in-depth understanding of people with sight loss and their individual needs. Our expertise enables us to develop innovative and effective interventions which help prevent crisis and save you money.

Commission us to work with you to reduce your costs and improve services for the growing number of people living with sight loss in Trafford.

pathway to independence

Enabling people of all ages living with sight loss and a range of other disabilities to make informed choices about their future

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OUR SOLUTION: We can improve your outcomes – we provide specialist information to support people with these eye conditions. Our Patient Support Service at Manchester Royal Eye Hospital works with over 1,000 people per year and we can tailor messages to at risk groups to reduce the prevalence of these conditions. **An investment of £1 in a Patient Support Service can net a return of £10.57 to health and social care budgets.**

YOUR CHALLENGE: Early intervention is crucial in getting people the right support and in reducing your costs. The Public Health Outcomes Framework now includes sight loss indicators for key eye conditions – in Trafford the number of people estimated to be living with just one of these conditions (Age-Related Macular Degeneration) by 2020 is 14,211.

OUR SOLUTION: We can help you reduce your mental health spend – we provide peer to peer support which helps a person to build emotional resilience. Over 200 people a month attend our groups reducing their isolation and improving their well-being. Our bespoke counselling service is helping people adjust to their sight loss and helps to prevent future mental health problems – **average changes in emotional well-being rose by 87% post-counselling.**

YOUR CHALLENGE: In a recent survey we found that 32% of visually impaired respondents had suffered or were suffering from depression. The highest spend for Trafford CCG on all areas is mental health at £185 per head of the population.

4. Friendship Matters

1. How we can help



2. Let's make a plan

3. Independence Matters

YOUR CHALLENGE: Rehabilitation services are crucial to enable people with sight loss to maintain independence and to prevent the risk of future problems. There is only one Rehabilitation Officer in Trafford for a population of 1,530.

OUR SOLUTION: We can help to plug this gap – our holistic approach means working with the individual to assess their particular needs and developing a tailored support plan. **Research has shown that investment in care and support to assist adults with 'moderate care needs' generates a return of £1.30 for every £1 invested.**

YOUR CHALLENGE: Trafford CCG spent over £1.2m on hospital treatment for people who had serious falls in 2013/14. In a recent survey we found that 24% of respondents of all ages had fallen as a direct result of their sight loss and required hospital treatment.

OUR SOLUTION: We can save you money by reducing the risk of falls – our tailored exercise programme builds key skills and core strength making falls less likely. Our expert rehabilitation services focus on safer living environments for visually impaired people in the home reducing key risk factors such as trip hazards and poor lighting.

Find out more about our services at www.henshaws.org.uk
 Call our Business Development Manager, Sarah Halliwell, on **0776 4969797**
 Or email sarah.halliwell@henshaws.org.uk

Henshaws Community Services enable people of all ages living with sight loss and a range of other disabilities to make informed choices about their future.

We are here throughout their journey offering expert support, guidance and skills, helping people to fulfil their potential.

Independence and friendship are at the heart of what we do to help people find the confidence to go beyond their expectations.



How Henshaws Pathway to Independence can help you

Evidence shows that the circumstances of people with sight loss have worsened and that statutory services are under pressure. With provision changing for people with sight loss, we have researched the needs of our clients. Our findings led us to a new model of service delivery – Henshaws Pathway to Independence. Our new approach was established to ensure a holistic, person-centred, consistent model where people with sight loss can get the right support in the right way for their particular needs.

With our expert knowledge and excellent service provision we are here to help you;

- Meet the challenges of your increased duty of care to visually impaired people under The Care Act 2014
- Improve your sight loss indicators in the Public Health Outcomes Framework
- Generate cost savings whilst improving quality of care and patient experience.

Find out more about our services at www.henshaws.org.uk

Call our Business Development Manager, Sarah Halliwell, on **0776 4969797**

Or email sarah.halliwell@henshaws.org.uk



Sources:

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RNIB Sight Loss Data Tool 2014.

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