

**.henshaws**

*beyond expectations*

READY FOR YOUR NEXT CHALLENGE?

London Marathon

Henshaws Parachute Jump

Manchester 10k

To keep up to date with the latest news from Henshaws,  
sign up to our mailing list and follow us.

.....  @Henshaws  /Henshaws .....

| 0300 222 5555 | fundraising@henshaws.org.uk |

TEAM

**.henshaws**

henshaws.org.uk

**.i'm going  
the extra  
mile**

**HOW FAR WILL YOU GO?**

## WHERE CAN YOU FIND US?



**In Manchester.** Our community hubs are spread across Greater Manchester, where we offer groups and courses, counselling, children and families services, advice and information, supported living and hospital support.



**In Liverpool.** At our Liverpool centre in Duke Street, we offer groups and courses, children and families services, advice and information, days out, and dementia support.



**In Yorkshire.** Henshaws College, Arts and Crafts Centre and Housing in Yorkshire offers safe, vibrant and personalised environments for people living with sight loss and other disabilities to develop skills, build friendships and transition into adult life.



**Online.** The Knowledge Village is a place where we share our knowledge and experience with those experiencing or working with sight loss and disability. Head to [henshaws.org.uk/knowledge-hub](https://henshaws.org.uk/knowledge-hub) for more information



**First Step.** Our support is available remotely, so you can access our help and advice no matter where you are. Our First Step team are available for support on **0300 222 5555**



We rely on supporters that go the extra mile for Henshaws, this helps us help more people living with sight loss and other disabilities to go beyond expectations. How can you help? We've got lots of ideas on the back to inspire your next challenge!"

**A word from our Head Coach Nick Marr, CEO**



## WHY SHOULD YOU JOIN OUR TEAM?

Your support makes a real difference to people across the north of England, from Liverpool to Harrogate. Your help means we can help more people.



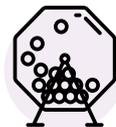
Whether you want to run a marathon or channel your inner Mary Berry and organise a cake sale, the sky's the limit!



We can understand your business, engage your employees and tailor a bespoke partnership



You can donate by phone, on our website and help us transform lives



For as little as £1 per week, sign up to our lottery for a chance to win up to to £25,000



Henshaws was originally founded because Thomas Henshaw left a gift in his will, you could be a part of our legacy too



We rely on volunteers to help run our day to day activities so we need your help, your expertise and skills to support more people