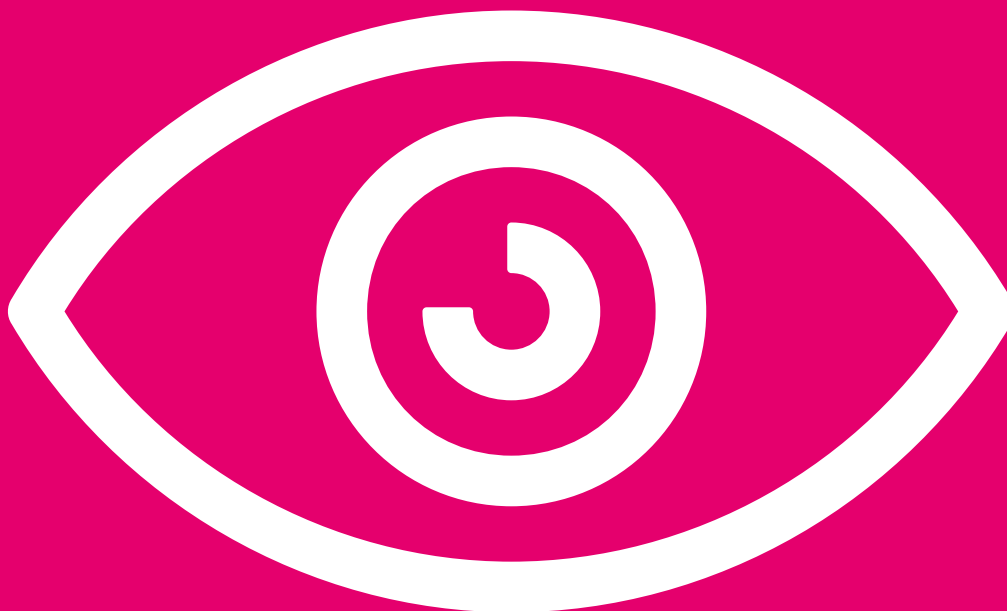


**.henshaws tips, tricks and tech for
living with sight loss and dementia**



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beyond expectations

2 communicating with someone who has sight loss





2. communicating with someone who has sight loss

Always:

- Announce your presence
 - Introduce yourself by name
 - Use the person's name so they know you are speaking to them
 - Say when you are leaving the room
-
- Sit or stand where the person can see or hear you best – always ask!
 - Describe what's going on and what's around people to make them feel included, more comfortable and more able to interact.
 - Contact organisations such as banks and utility companies to ask for your letters in the preferred format (large print, audio or Braille). They must do this by law once you ask.
 - Remember to always communicate verbally – gestures and facial expressions often can't be seen.
 - Make sure your activities don't rely on visual cues – try to use touch, smell, taste and sounds to promote more interaction.

For more tips and tricks on how to deal with sight loss visit:
henshaws.org.uk/knowledge-village





we are here for you...

Henshaws is a charity that helps people living with sight loss and a range of other disabilities to achieve their ambitions and go beyond expectations. We believe that everyone has the right to an independent and fulfilling life. Our support, advice and training helps people and their families build skills, confidence and look forward to a positive future.



For more information contact us on
0300 222 5555 or **info@henshaws.org.uk**

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