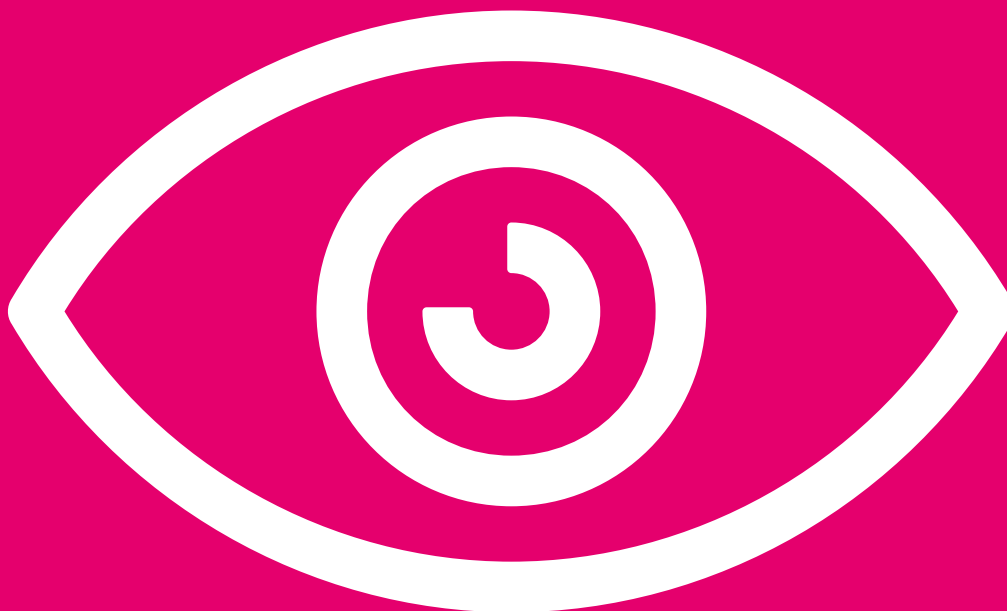


**.henshaws tips, tricks and tech for
living with sight loss and dementia**



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beyond expectations

5 dementia and sight loss facts and tips





5. did you know that...?

- On average 16% of people with dementia are known to have sight loss
- Having a sight test every two years can help prevent sight loss by identifying eye conditions early
- Many people with dementia have sight loss that can be corrected by simply wearing the correct glasses
- Uptake of sight tests are considerably lower in people with dementia
- 80% of a sight test can usually be completed on someone with dementia
- Sight tests for people with dementia can now be completed in your own home free of charge
- Most people with sight loss do have some vision.
- Signs of sight loss and signs of dementia often overlap. If sight loss can be corrected, the signs of dementia may reduce. By making simple changes to the way you communicate and minor adjustments to your home, quality of life for the person with dementia can improve.

Always ask yourself 'Could this be a sign of sight loss?'

For more tips and tricks on how to deal with sight loss visit:
henshaws.org.uk/knowledge-village





we are here for you...

Henshaws is a charity that helps people living with sight loss and a range of other disabilities to achieve their ambitions and go beyond expectations. We believe that everyone has the right to an independent and fulfilling life. Our support, advice and training helps people and their families build skills, confidence and look forward to a positive future.



For more information contact us on
0300 222 5555 or **info@henshaws.org.uk**

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